



## LOS ANGELES COUNTY COMMISSION ON HIV



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### **Information and Resource Updates from the Commission on HIV: Sustaining the HIV Movement Amidst the COVID-19 Public Health Emergency (March 31, 2020)**

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*While **all Commission on HIV (COH) meetings are cancelled until further notice** and County facilities are closed to the public, staff are available to keep our important work of ending the HIV and STD epidemics moving forward. Currently, Committee meetings are determined on a case by case basis. Meeting notices and agendas will be disseminated accordingly. We appreciate your patience as we update our [website](#) and [HIV Connect](#) for information and resources. Thank you.*

**Remember to read past bulletins on the Commission's dedicated [COVID-19 site](#).**

#### **1. Mental Health Resources: Keeping our Minds Healthy**

##### **Los Angeles County Department of Mental Health**

The County offers a broad range of services to support you and your loved ones.

- If you are feeling overwhelmed, there is support available 24/7. Call the Department of Mental Health at 1-800-854-7771.
- Visit the Department of Mental Health website for [Coronavirus/COVID19 Mental Health Resources](#)
- People struggling with substance abuse can reach out to the Substance Abuse and Mental Health Services Administration's (SAMHSA's) Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746 (TTY 1-800-846-8517).
- The Los Angeles County Sheriff Department's Mental Evaluation Teams (MET) provide compassionate field intervention in situations involving Sheriff's deputy contacts. MET teams (a deputy with a clinician) service all of Los Angeles County. If you need MET assistance for a mental health crisis, call your local Sheriff's station or law enforcement agency, who will contact the MET Triage Desk.
- Another supportive service is the [National Domestic Violence Hotline](#): 800-799-SAFE (7233) and 800-787-3224 (TDD).

## 2. HIV Service Providers

- Many local HIV service providers are offering medical care, including mental and behavioral health services via telemedicine, such as [JWCH](#), [APLA](#), [LA LGBT Center](#), and [St. John's](#). Please visit their websites first and call to make an appointment. Many agencies and clinics have updated their websites to help manage the flow of patients. [Click here](#) for a list of HIV service organizations in Los Angeles County.

## 3. Get the latest information from our federal, state, and local partners:

- The Health Resources and Services Administration (HRSA) HIV/AIDS Bureau (HAB) has launched a [Frequently Asked Question \(FAQ\) webpage](#), to keep Ryan White HIV/AIDS Program recipients, subrecipients, and partners updated on the latest information regarding COVID-19.
  - HRSA Health Center Program has launched a [Health Center Program COVID-19 Frequently Asked Questions \(FAQs\)](#) for COVID-19 updates for community health clinics.
  - [Centers for Disease Control and Prevention.](#)
  - [California Department of Public Health](#)
  - [County-wide](#) resources, information, and emergency response activities
4. **Honoring our Healthcare Workers:** Help protect our frontline healthcare workers by following the [Safer at Home](#) Health Officer Order.

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